CURRICULUM VITAE

NOAH CHASE BERMAN, PH.D.

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PROFESSIONAL EXPERIENCE

College of the Holy Cross — Worcester, MA
Assistant Professor of Psychology — 2017 – Present

Massachusetts General Hospital, Department of Psychiatry — Boston, MA
Assistant in Psychology, OCD and Related Disorders Program — 2014 – 2018

Harvard Medical School, Department of Psychiatry — Boston, MA
Assistant Professor of Psychology — 2016 – 2017
Instructor in Psychiatry — 2014 – 2016

Brown University School of Medicine, Department of Psychiatry — Providence, RI
Research Coordinator, Pediatric Anxiety Research Clinic — 2006 – 2008

EDUCATION

Post-Doctoral Fellowship — Boston, MA
Massachusetts General Hospital/Harvard Medical School — 2013 – 2014
OCD and Related Disorders Program
Mentor: Sabine Wilhelm, Ph.D.

Doctor of Philosophy — Chapel Hill, NC
University of North Carolina, Chapel Hill — 2008 – 2013
Clinical Psychology, Child/Adolescent Track, APA Accredited
Mentor: Jonathan Abramowitz, Ph.D.

Pre-Doctoral Internship — Boston, MA
Massachusetts General Hospital/Harvard Medical School — 2012 – 2013
Cognitive Behavioral Therapy Track, APA Accredited

Master of Arts — Chapel Hill, NC
University of North Carolina, Chapel Hill — 2008 – 2010
Clinical Psychology, Child/Adolescent Track, APA Accredited

Bachelor of Arts — Brunswick, ME
Bowdoin College, *Cum Laude*, Advanced Honors in Psychology — 2002 – 2006
Major: Psychology; Minor: Film Studies

PUBLICATIONS AND PRESENTATIONS

Publications Under Peer-Review

1. Alanis-Salazar, D., Gallegos-Guajardo, J., **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N. (under review). Validation of the emotional regulation questionnaire (ERQ) for the Mexican population.
2. Jacoby, R., **Berman, N. C.**, Reese, H., Shin, J., Sprich, S., Szymanski, J., Pollard, A., & Wilhelm, S. (under review). Disseminating cognitive-behavioral therapy for OCD: Comparing in person vs. online training modalities.
3. **Berman, N. C.**, Summers, B., Weingarden, H., & Wilhelm, S. (under review). Optimizing imaginal exposure administration for patients with taboo obsessions: The role of positive affect.

Publications in Peer-Reviewed Journals

1. Olivares-Mora, R., **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N., & Gallegos-Guajardo, J. (in press). Validation of the interpretation of intrusions inventory (III - 31) for the Mexican population: Cross-cultural discrepancies. *Journal of Cognitive Psychotherapy.*
2. **Berman, N. C.** (in press). Treating taboo or forbidden thoughts: Integrating mindfulness, acceptance and emotion regulation into an exposure-based intervention. *Journal of Cognitive Psychotherapy.*
3. Castillo-Huerta, P., Ruvalcaba-Romero, N., Fisak, B., **Berman, N. C.**, & Gallegos-Guajardo, J. (in press). Validation of the cognitive emotion regulation questionnaire short version (CERQ-VC) for the Mexican population. *Journal of Psychology and Education* (*Revista Intercontinental de Psicología y Educación)*.
4. **Berman, N. C.**, Weingarden, H., & Wilhelm, S. (in press). Symptom-specific threat perception mediates the relationship between obsessive beliefs and OCD symptoms. *Cognitive Therapy and Research.*
5. Williams, K., Shorser-Gentile, L., Sarvode, S., **Berman, N. C.**, Pasternack, M., Geller, D., & Walter, J. (2019). Immunoglobulin A dysgammaglobulinemia is associated with pediatric-onset obsessive compulsive disorder. *Journal of Child and Adolescent Psychopharmacology, 29*(4), 268-275.
6. Trevino de la Garza, B., **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N., & Gallegos-Guajardo, J. (2019). Validation of the dimensional obsessive-compulsive scale for the mexican population. *Journal of Obsessive-Compulsive and Related Disorders, 21,* 13-17.
7. Wilhelm, S., **Berman, N. C.**, Small, B., Porth, R., Geller, D., & Storch, E. (2018). D-cycloserine augmentation of cognitive behavior therapy for pediatric OCD: Predictors and moderators of outcome. *Journal of Affective Disorders*, *241*, 454-460.

8. **Berman, N. C.**, Shaw, A. M., Curley, E. E., & Wilhelm, S. (2018). Emotion regulation and obsessive-compulsive phenomena in youth. *Journal of Obsessive-Compulsive and Related Disorders, 19,* 44-49.
9. **Berman, N. C.**, Shaw, A., & Wilhelm, S. (2018). Emotion regulation in patients with obsessive compulsive disorder: Unique effects for those with "taboo thoughts." *Cognitive Therapy and Research, 42*, 674-685.
10. **Berman, N. C.**, Wilver, N., & Wilhelm, S. (2018). My child's thoughts frighten me: Maladaptive effects associated with parents' interpretation and management of children's intrusive thoughts. *Journal of Behavior Therapy and Experimental Psychiatry, 61,* 87-96.
11. **Berman, N. C.**, Jacoby, R. J., Sullivan, A., Hoepnner, S., Micco, J., & Wilhelm, S. (2018). Parent-level risk factors for children's obsessive beliefs, interpretation biases, and obsessive-compulsive symptoms: A cross-sectional examination. *Journal of Obsessive-Compulsive and Related Disorders, 18,* 8-17.
12. Greenberg, J., **Berman, N. C.**, Braddick, V., Schwartz, R., Mothi, S., Wilhelm, S., & Mothi, S. (2018). Treatment utilization and barriers to treatment engagement among individuals with olfactory reference syndrome (ORS). *Journal of Psychosomatic Research, 105,* 31-36.
13. Fang, A., **Berman, N. C.**, Chen, J., & Zakhary, L. (2018). Treating postpartum obsessive-compulsive disorder: Diagnostic and cultural considerations. *Harvard Review of Psychiatry, 26*(2), 82-29.
14. Henin, A., & **Berman, N. C.** (2016). The promise and peril of emerging adulthood. *Cognitive and Behavioral Practice, 23*(3), 263-269.
15. Lizano, P., Popat-Jain, A., Scharf, J., **Berman, N. C.**, Widge, A., Dougherty, D., & Eskandar, E. (2016). Treatment challenges in managing the comorbidity of obsessive-compulsive disorder and tourette's disorder. *Harvard Review of Psychiatry, 24*(4), 294-301.
16. **Berman, N. C.**, Tung, E., Matheny, N., Cohen, I. G., & Wilhelm, S. (2016). Clinical decision-making regarding suicide risk: Effect of patient and clinician age. *Death Studies, 40*(5), 269-274.
17. Reese, H. E., Pollard, A., Szymanski, J., **Berman, N. C.**, Spigler, M., Crowe, K., Rosenfield, E., Keegan, M., & Wilhelm, S. (2016). The behavior therapy training institute: Preliminary data on a model of therapist training. *Journal of Obsessive-Compulsive and Related Disorders, 8*, 79-85.
18. **Berman, N. C.**, Sullivan, A., Wilhelm, S., & Cohen, I. G. (2016). Effect of a legal prime on clinicians' assessment of suicide risk. *Death Studies, 40*(1), 61-67.
19. Jacoby, R., **Berman, N. C.**, Graziano, R., & Abramowitz, J. S. (2015). Examining attentional bias in scrupulosity: Null findings from the dot probe paradigm. *Journal of Cognitive Psychotherapy: An International Quarterly, 29*(4), 302-314.
20. **Berman, N. C.**, Stark, A., Cooperman, A., Wilhelm, S., & Cohen, I. G. (2015). Effect of patient and therapist factors on suicide risk assessment. *Death Studies, 39*(7), 433-441.
21. **Berman, N. C.**, Fang, A., Hansen, N., & Wilhelm, S. (2015). Essentials of exposure: Role of cognitive therapy techniques. *Journal of Obsessive-Compulsive and Related Disorders, 6*, 158-166.
22. Wilhelm, S., **Berman, N. C.**, Keshaviah, A., Schwartz, R. & Steketee, G. (2015). Mechanisms of change in cognitive therapy for obsessive compulsive disorder: Role of maladaptive beliefs and schemas. *Behavior Research and Therapy, 65*, 5-10.

23. **Berman, N. C.**, Stark, A., Ramsey, K., Cooperman, A., & Abramowitz, J. S. (2014). Prayer in response to negative intrusive thoughts: Closer examination of a religious neutralizing strategy. *Journal of Cognitive Psychotherapy: An International Quarterly, 28*(2), 87-100.
24. Wheaton, M. G., **Berman, N. C.**, Fabricant, L. E., & Abramowitz, J. S. (2013). Differences in obsessive-compulsive symptoms and obsessive beliefs: A comparison between african americans, asian americans, latino americans, and caucasians. *Cognitive Behavior Therapy, 42*(1), 9-20.
25. **Berman, N. C.**, Calkins, A., & Abramowitz, J. S. (2013). Longer-term effects of inducing harm related intrusions: Implications for research on obsessional phenomena. *Journal of Obsessive-Compulsive and Related Disorders, 2*, 109-113.
26. Calkins, A., **Berman, N. C.**, & Wilhelm, S. (2013). Recent advances in the research on cognition and emotion in OCD: A review. *Current Psychiatry Reports, 15*, 357-364.
27. **Berman, N. C.**, Wheaton, M. G., & Abramowitz, J. S. (2013). Rigid rules of conduct and duty: Prediction of thought action fusion. *Journal of Cognitive Psychotherapy: An International Quarterly, 27*(2), 1-13.
28. **Berman, N. C.**, Wheaton, M. G., & Abramowitz, J. S. (2013). Childhood trauma and thought action fusion: A multi-method examination. *Journal of Obsessive-Compulsive and Related Disorders, 2*, 43-47.
29. Wheaton, M. G., Fabricant, L. E., **Berman, N. C.**, & Abramowitz, J. S. (2012). Experiential avoidance in individuals with hoarding disorder. *Cognitive Therapy and Research, 37*, 779-785.
30. **Berman, N. C.**, Wheaton, M. G., & Abramowitz, J. S. (2012). The "arnold schwarzenegger effect": Is strength of the "victim" related to misinterpretations of harm intrusions? *Behavior Research and Therapy, 50*, 761-766.
31. Wheaton, M. G., Deacon, B., McGrath, P., **Berman, N. C.**, Abramowitz, J. S. (2012). Dimensions of anxiety sensitivity in the anxiety disorders: Evaluation of the ASI-3. *Journal of Anxiety Disorders, 26*, 401-408.
32. Mahaffey, B., Wheaton, M. G., Fabricant, L., **Berman, N. C.**, & Abramowitz, J. S. (2012). The contribution of experiential avoidance and social cognitions in the prediction of social anxiety. *Behavioral and Cognitive Psychotherapy, 28*, 1-14.
33. **Berman, N. C.**, Wheaton, M. G., Fabricant, L. E., & Abramowitz, J. S. (2012). Prediction of mental pollution: Contribution of religion, parenting strategies, and trauma. *Journal of Obsessive-Compulsive and Related Disorders, 1*, 153-158.
34. Wheaton, M. G., Abramowitz, J. S., **Berman, N. C.**, Fabricant, L. E., & Olatunji, B. (2012). Psychological predictors of anxiety in response to H1N1 (swine flu) pandemic. *Cognitive Therapy and Research, 36*(3), 210-218.
35. Wheaton, M. G., Mahaffey, B., Timpano, K., **Berman, N. C.**, & Abramowitz, J. S. (2012). Relationship between anxiety sensitivity and OC spectrum symptom dimensions. *Journal of Behavior Therapy and Experimental Psychiatry, 43*(3), 891-896.
36. **Berman, N. C.**, Wheaton, M. G., Fabricant, L., Jacobson, S., & Abramowitz, J. S. (2011). The effect of familiarity on thought action fusion. *Behavior Research and Therapy, 49*, 695-699.
37. Wheaton, M. G., Abramowitz, J. S., Franklin, J. C., **Berman, N. C.**, & Fabricant, L. E (2011). Experiential avoidance and saving cognitions in the prediction of hoarding symptoms. *Cognitive Therapy and Research, 35*(6), 511-516.

38. **Berman, N. C.**, Abramowitz, J. S., Wheaton, M., Pardue, C., & Fabricant, L. (2011). Development and evaluation of an in vivo behavioral paradigm for thought-action fusion. *Journal of Cognitive Psychotherapy: An International Quarterly, 25*(2), 155-164.
39. Wheaton, M. G., **Berman, N. C.**, Franklin, J., & Abramowitz, J. S. (2010). Health anxiety: Latent structure and associations with anxiety-related psychological processes in a student sample. *Journal of Psychopathology and Behavioral Assessment, 32*(4), 565-574.
40. **Berman, N. C.**, & Abramowitz, J. S. (2010). Recent developments in the assessment and treatment of pediatric obsessive-compulsive disorder. *Child and Youth Care Forum*, 39(2), 125-126.
41. Abramowitz, J. S., Deacon, B., Olatunji, B., Wheaton, M., **Berman, N. C.**, Losardo, D., et al. (2010). Assessment of obsessive-compulsive symptom dimensions: Development and validation of the Dimensional Obsessive-Compulsive Scale. *Psychological Assessment, 22*(1), 180-198.
42. **Berman, N. C.**, Abramowitz, J. S., Pardue, C., & Wheaton, M. G. (2010). The relationship between religion and thought-action fusion: Use of an in vivo paradigm. *Behavior Research and Therapy, 48*, 670-674.
43. Wheaton. M. G., Abramowitz, J. S., **Berman, N. C.**, Riemann, B., & Hale, L. (2010). Obsessive beliefs show specific relationships to dimensions of obsessive-compulsive disorder. *Behavior Research and Therapy, 48*, 949-954.
44. Wheaton, M. G., **Berman, N. C.**, & Abramowitz, J. S. (2010). The contribution of experiential avoidance and anxiety sensitivity in the prediction of health anxiety. *Journal of Cognitive Psychotherapy: An International Quarterly, 24*(1), 229-239.
45. **Berman, N. C.**, Wheaton, M., McGrath, P., & Abramowitz, J. S. (2010). Predicting anxiety and worry: The role of experiential avoidance and anxiety sensitivity. *Journal of Anxiety Disorders, 24*, 109-113.
46. Garcia, A. M, Freeman, J. B., Himle, M. B., **Berman, N. C.**, Ogata, A. K., Ng, J., Choate-Summers, M. L., & Leonard, H. (2009). Phenomenology of early childhood onset obsessive compulsive disorder. *Journal of Psychopathology and Behavioral Assessment, 31*(2), 104-111.
47. Flessner, C., **Berman, N. C.**, Garcia, A., Freeman, J. & Leonard, H. (2009). Symptom profiles in pediatric obsessive compulsive disorder: The effects of comorbid grooming behaviors. *Journal of Anxiety Disorders. 23*(6), 753-759.

Book Chapters

1. **Berman, N. C.**, Curley, E., & Wilhelm, S. (2018). Obsessive Compulsive and Related Disorders. In T. Stern, J. Herman, & D. Rubin (Eds.), *MGH Psychiatry Update and Board Preparation*. New York, NY: McGraw-Hill.
2. Baer, L., Fang, A., **Berman, N. C.**, & Minichiello, W. E. (2017). Mood and Anxiety Comorbidity in OCD. In C. Pittenger (Ed.) *Obsessive-Compulsive Disorder: Phenomenology, Pathophysiology, and Treatment*. New York, NY: Oxford Press.
3. **Berman, N. C.**, Schwartz, R., & Park, J. (2017). Psychological Models and Treatments for OCD in Adults. In J. Abramowitz, D. McKay, & E. Storch (Eds.), *Handbook of Obsessive Compulsive Disorder Across the Lifespan.* New York, NY: Wiley.

4. **Berman, N. C.**, Elliot, C., & Wilhelm, S. (2015). CBT for OCD: Theory, Assessment and Treatment. In S. Wilhelm, S. Sprich, & T. Peterson (Eds.), *Massachusetts General Hospital Handbook for Cognitive Behavioral Therapy*. New York, NY: Springer.
5. Abramovitch, A., **Berman, N. C.**, Calkins, A., & Wilhelm, S. (2014). Obsessive Compulsive and Related Disorders. In P. Blaney & B. Krueger (Eds.), *Oxford Textbook of Psychopathology*. New York, NY: Oxford University Press.

Newsletters

1. **Berman, N. C.** (Spring 2019). "Should I be scared?" Examining parents' interpretations of children's unwanted intrusive thoughts. *International OCD Foundation Newsletter.*

Presentations at Scientific Conferences

Papers Presented in Symposia

1. **Berman, N.C**., & Wilhelm, S. (July 2019). My child's thoughts frighten me: Maladaptive effects associated with parents' interpretation and management of children's intrusive thoughts. Symposium to be presented in: *Intergenerational factors in parent and child OCD* (Chair: Challacombe, F.) at the 9th World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.
2. **Berman, N.C**., & Wilhelm, S. (July 2019). Enhancing imaginal exposure administration for patients with taboo obsessions: Role of positive affect. Symposium to be presented in: *Optimizing the administration and dissemination of CBT for OCD* (Chair: Berman, N.) at the 9th World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.
3. Jacoby, R., **Berman, N. C.**, Reese, H., Shin, J., Sprich, S., Szymanski, J., Pollard, A., & Wilhelm, S. (July 2019). Disseminating cognitive-behavioral therapy for OCD: Comparing in person vs. online training modalities. Symposium to be presented in: *Optimizing the administration and dissemination of CBT for OCD* (Chair: Berman, N.) at the 9th World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.
4. **Berman, N.C**., Gomez, A., & Wilhelm, S. (November 2018). Emotion regulation and exposure processes: Importance of physiological habituation. Symposium presented in: *Mediators of change and predictors of outcome with exposure-based CBT for OCD* (Chair: Wheaton, M.) at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
5. Jacoby, R. J., **Berman, N. C.**, Reese, H. E., Shin, J., Pollard, C. A., Szymanski, J., Sprich, S., & Wilhelm, S. (November 2018). Training the next generation of exposure therapists: Comparing training modalities of disseminating CBT for OCD. Symposium presented in: *Disseminating CBT for OCD: Moving exposure from the clinic to the community and the computer* (Chair: Jacoby, R.) at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies. Washington, DC.
6. **Berman, N. C.**, Sullivan, A., Matheny, N., & Wilhelm, S. (November 2017). Parental risk factors in the development of childhood obsessive beliefs and interpretation biases. Symposium presented in: *Am I at Risk? Factors Predicting the Development and Maintenance of Obsessive-Compulsive-Related Disorders* (Chair: Weingarden, H.) at the

51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

7. Fang, A., **Berman, N. C.**, & Harley, R. M. (March 2015). A naturalistic study of predictors of response to dialectical behavior therapy. Symposium presented in: *Factors affecting treatment outcome: Risk, resilience, and retention* (Chair: Calkins, A.) at the 35th annual meeting of the Anxiety and Depression Association of America. Miami, FL.
8. **Berman, N. C.**, Cohen, I. G., & Wilhelm, S. (November 2014). Clinical decision making regarding suicide risk: Role of clinician biases. Symposium presented in: *Evidence-based assessment strategies for improving clinical diagnosis* (Chair: Freeman, A.) at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. Wilhelm, S., **Berman, N. C.**, Keshaviah, A., Schwartz, R., & Steketee, G. (November 2014). Mechanisms of change in cognitive therapy for OCD: Role of maladaptive beliefs and schemas. Symposium presented in: *Recent advances in understanding and treating OCD: Mechanisms of change and novel treatment targets* (Chair: Timpano, K.) at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
10. **Berman, N. C.**, Stark, A., Cooperman, A., & Abramowitz, J. (November 2014). Prayer in response to negative intrusive thoughts: Closer examination of a religious neutralizing strategy. Symposium presented in: *New directions in research on scrupulosity* (Chair: Jacoby, R.) at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
11. Jacoby, R., **Berman, N. C.**, Graziano, R., Clark, H., Reuman, L., Fabricant, L., & Abramowitz, J. (November 2014). Examining attentional bias in scrupulosity: Null findings from the dot probe paradigm. Symposium presented in: *New directions in research on scrupulosity* (Chair: Jacoby, R.) at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
12. **Berman, N. C.**, Jacoby, R., Wheaton, M. G., Fabricant, L. E., Turpin, A., & Abramowitz, J. S. (November 2012). Do arnold schwarzenegger obsessions exist? Testing the effect of vulnerability on thought action fusion. Symposium presented in: *Obsessive-compulsive disorder: New insights from the laboratory for the clinic* (Chair: McNally, R.) at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
13. Pardue, C., **Berman, N. C.**, Wheaton, M., Abramowitz, J. (June 2010). Is thought action fusion related to developmental experiences with rigid rules? Symposium presented in: *Recent findings with the cognitive model of OCD: Culture, context, and conceptualization* (Chair: Abramowitz, J. S.) at World Congress of Behavioral and Cognitive Therapies, Boston, MA.
14. Wheaton, M. G., **Berman, N. C.**, Franklin, J. C., & Abramowitz, J. S. (March 2010). Obsessive beliefs and anxiety sensitivity as predictors of health anxiety: Implications for DSM-V placement. Symposium presented in: *Health anxiety and its disorders: Theoretical and empirical underpinnings associated with a DSM-V debate* (Chair: Carletone, N.) at 30th Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD.
15. Mahaffey, B. L., Wheaton, M. G., **Berman, N. C.**, & Abramowitz, J. S. (March 2010). The relationship between maternal care and overprotection in the familial transmission of

OC symptoms. Symposium presented in: *Anxious youth: The relationship between parenting and anxiety in childhood and young adulthood* (Chair: Mahaffey, B.) at 30th Annual Conference of the Anxiety Disorders Association of America, Baltimore, MA.

16. **Berman, N. C.**, Wheaton, M., McGrath, P., & Abramowitz, J. (November 2009). Explaining anxiety symptoms: The role of experiential avoidance and anxiety sensitivity. Symposium presented in: *Advances in the understanding of mechanisms and regulation of anxiety* (Chair: Talbot, L.) at the Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
17. Wheaton, M., **Berman, N. C.**, & Abramowitz, J. (November 2009). Hoarding in OCD: Core symptom or comorbid syndrome? Symposium presented in: *Is hoarding a symptom of OCD: Implications for DSM-V* (Chair: Wheaton, M. G.) at the Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.

Workshops and Panels

1. **Berman, N. C.** (March 2015). Moderated patient panel for those with OCD. Presented at the 2nd Annual OCD and Related Disorders Patient and Family Resource Center's Educational Program at MGH.
2. **Berman, N. C.**, & Micco, J. (November 2014). Intensive CBT for youth with OCD. Presented at the 48th Annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. Jordan, C., **Berman, N. C.**, & Williams, K. (July 2014). Comprehensive PANDAS/PANS assessment and treatment: Increasing cross-discipline collaboration. Presented at the 21st Annual Conference of the International Obsessive Compulsive Disorder Foundation, Los Angeles, CA.
4. Abramowitz, J. S., **Berman, N. C.**, & Wheaton, M. G. (March 2012). Assessment of OCD from A to Z. Presented at 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, VA.

Poster Presentations (**students supervised*)

1. **Berman, N. C.** (July 2019). Predicting exposure response in OCD: Role of emotion regulation. Poster to be presented at the 9th World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.
2. Ene, T.,* & **Berman, N. C.** (April 2019). Relationship between personality dimensions and obsessive-compulsive symptoms. Poster presented at the Annual Advanced Research Colloquium, College of the Holy Cross, Worcester, MA.
3. Alanis-Salazar, D.,* Gallegos-Guajardo, J., **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N. (April 2019). Validation of the emotional regulation questionnaire (ERQ) for the Mexican population. Poster presented at the 46th Annual National Congress of Psychology, Querétaro, Mexico.
4. Castillo-Huerta, P.*, Ruvalcaba-Romero, N., Fisak, B., **Berman, N. C.**, & Gallegos-Guajardo, J. (April 2019). Validation of the cognitive emotion regulation questionnaire short version (CERQ-VC) for the Mexican population. Poster presented at the 46th Annual National Congress of Psychology, Querétaro, Mexico.

5. Olivares-Mora, R.,* **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N., & Gallegos-Guajardo, J. (March 2019). Validation of the interpretation of intrusions inventory (III - 31) for the mexican population: Cross-cultural discrepancies. Poster presented at the 39th annual meeting Anxiety and Depression Association of America, Chicago, IL.
6. Trevino de la Garza, B.*, **Berman, N. C.**, Fisak, B., Ruvalcaba-Romero, N., & Gallegos-Guajardo, J. (March 2019). Validation of the dimensional obsessive-compulsive scale for the mexican population. Poster presented at the 39th annual meeting Anxiety and Depression Association of America, Chicago, IL.
7. **Berman, N. C.,** Szkutak, A.*, Barsic, B.*, Shaw, A., Curley, E., & Wilhelm, S. (November 2018). Emotion regulation and obsessive-compulsive phenomena in youth. Poster presented at the 52nd annual meeting Association for Behavioral and Cognitive Therapies Convention, Washington D.C.
8. **Berman, N. C.**, Ene, T.*, Szkutak, A.*, Wilver, N., & Wilhelm, S. (November 2018). My child's thoughts frighten me: How parental interpretation of children's intrusions influences youth's obsessive-compulsive symptomology. Poster presented at the 52nd annual meeting Association for Behavioral and Cognitive Therapies Convention, Washington D.C.
9. **Berman, N. C.**, Hayaki, J., & Wilhelm, S. (November 2018). How low can you go? Clinical utility of subjective habituation in exposure therapy for OCD. Poster presented at the 52nd annual meeting Association for Behavioral and Cognitive Therapies Convention, Washington D.C.
10. Shin, J., Jacoby, R. J., **Berman, N. C.**, Reese, H. E., Pollard, C. A., Szymanski, J., & Wilhelm, S. (November 2018). You want me to have my patient do what? Examining therapists' changing views on exposure therapy following the Behavior Therapy Training Institute (BTTI). Poster presented at the 52nd Annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
11. Arora, A.*, **Berman, N.C**., & Wilhelm, S. (October 2018). The role of family environment in emotion regulation for youth with internalizing symptoms. Poster presented at the biennial meeting of the National Conference in Clinical Child and Adolescent Psychology, Kansas City, KS.
12. Wilhelm, S., **Berman, N. C.**, Small, B., Storch, E., Porth, R., & Geller, D. (December 2017). D-Cycloserine augmentation of cognitive behavior therapy for pediatric OCD: Predictors and moderators of outcome. Poster presented at the 56th annual meeting of the American College of Neuropsychopharmacology, Palm Springs, CA.
13. Braddick, V., Greenberg, J., **Berman, N. C.**, Mothi, S., & Wilhelm, S. (November 2017). Treatment utilization and barriers to treatment engagement in individuals with olfactory reference syndrome. Poster presented at the 51st Annual Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
14. Arora, A.*, **Berman, N. C.**, and Wilhelm, S. (November 2017) The relationship between behavioral inhibition and obsessive beliefs in children. Poster presented at the 51st Annual Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
15. Braddick, V., **Berman, N. C.**, Greenberg, J., Mothi, S., & Wilhelm, S. (August 2017). Treatment utilization and barriers in olfactory reference syndrome. Poster presented at the 29th Annual Meeting of the Association for Psychological Science, Boston, MA.
16. Arora, A.*, Curley, E., Wilhelm, S., & **Berman, N. C.** (October 2016). Development of obsessive compulsive disorder: Role of behavioral inhibition. Poster presented at the 69th

Annual Meeting of the Massachusetts General Hospital Scientific Advisory Committee, Boston, MA.

17. Gomez, A. F., Hezel, D. M., Abramowitz, J. S., & **Berman, N. C.** (November 2015). Why do I think this way? The association between developmental experiences and a behavioral measure of thought-action fusion. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
18. Sullivan, A. D., **Berman, N. C.**, Cohen, G., & Wilhelm, S. (November 2015). Effect of a legal prime on clinician's assessment of suicide risk. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
19. Cooperman, A. W., Stark, A., Gomez, A. F., & **Berman, N. C.** (November 2015). The effects of attachment style and parental psychological control on obsessive-compulsive symptom dimensions. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
20. Gomez, A. F., Hezel, D. M., Abramowitz, J. S., & **Berman, N. C.** (November 2015). Positive cognitive biases in OCD: Relationship between developmental experiences and positive thought action fusion using a behavioral paradigm. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
21. Stark, A., Cooperman, A. W., Gomez, A. F., & **Berman, N. C.** (November 2015). The mediating effect of anxious attachment style on the relationship between parental control and thought action fusion. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
22. Shorser-Gentile, L., Sarvode, S., **Berman, N. C.**, & Williams, K. A. (July 2015). Immune deficiencies are associated with pediatric OCD. Poster presented at the 22nd Annual Conference of the International OCD Foundation, Boston, MA.
23. Matheny, N., **Berman, N. C.**, Schwartz. R., Cohen, I. G., & Wilhelm, S. (November 2014). Clinician factors associated with biased risk assessment among mental health professionals from all disciplines. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
24. Schwartz, R., **Berman, N. C.**, Matheny, N., Cohen, I. G., & Wilhelm, S. (November 2014). When should I hospitalize a suicidal patient? Biases in decision making among mental health professionals. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
25. Cooperman, A., **Berman, N. C.**, Stark, A., Cohen, I. G., & Wilhelm, S. (November 2014). Biases in suicide risk assessment among mental health professionals: Effect of clinician demographic variables. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
26. Knowles, K. A., **Berman, N. C.**, Fabricant, L., Jacoby, R. J., Mahaffey, B., Wheaton, M., & Abramowitz, J. S. (November 2014). Emotion reactivity and obsessive-compulsive symptoms and cognitions. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
27. **Berman, N. C.**, Micco, J., & Wilhelm, S. (July 2014). Cognitive biases in OCD: Mechanisms of generational transmission [Progress and Update]. Poster presented at the 21st Annual Conference of the International Obsessive Compulsive Disorder Foundation, Los Angeles, CA.

28. Schwartz, R., Matheny, N., & **Berman, N. C.** (April 2014). The relationship between experiential avoidance and thought-action fusion in an undergraduate sample. Poster presented at the 67th Annual Meeting of the Massachusetts General Hospital Scientific Advisory Committee, Boston, MA.
29. Campbell, A., **Berman, N. C.**, Fabricant, L. E., Jacoby, R. J., Mahaffey, B. L., Wheaton, M. G., Abramowitz, J. S. (November 2013). Body vigilance across obsessive-compulsive symptom dimensions. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
30. Mahaffey, B. L., Boeding, S. E., Blakey, S. M., **Berman, N. C.**, Wheaton, M. G., Fabricant, L. E., Jacoby, R., Abramowitz, J. S. (November 2013). Evaluating a cognitive-behavioral model of pathological mirror gazing: Implications for the maintenance of anxiety and appearance dissatisfaction in body dysmorphic disorder. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
31. Jacoby, R. J., Blakey, S. M., Campbell, A., Wheaton, M. G., Mahaffey, B. L., **Berman, N. C.**, Fabricant, L. E., & Abramowitz, J. S. (March 2012). Associations between emotion reactivity and cognitive distortions in outpatients with anxiety disorders. Poster presented at the 32nd Annual Anxiety Disorders Association of America Convention, Arlington, VA.
32. Wheaton, M. G., Fabricant, L. E., Franklin, J. C., Lee, K., Puzia, M., **Berman, N. C.**, Jacoby, R., & Abramowitz, J. S. (November 2012). Childhood trauma in hoarding disorder and matched controls. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
33. Fabricant, L. E., Jacoby, R., Wheaton, M. G., Mahaffey, B., **Berman, N. C.**, & Abramowitz, J. S. (November 2012). Is the use of analogue samples appropriate in research on OCD? Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
34. Jacoby, R. J., Brownstone, L. M., Higgins, M. K., Mahaffey, B., Fabricant, L. E., Wheaton, M. G., **Berman, N. C.**, Bardone-Cone, A. M., & Abramowitz, J. S. (November 2012). Obsessive-compulsive symptoms, obsessive beliefs, and disordered eating attitudes: Relationships in men and women. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
35. **Berman, N. C.**, Wheaton, M. G., Fabricant, L. E., Jacobson, S., & Abramowitz, J. S. (November 2011). Thought action fusion: Role of personal significance. Poster presented at the 45th Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
36. Wheaton, M.G., Fabricant, L. F., **Berman, N.C.**, Mahaffey, B., & Abramowitz, J. S. (November 2011). Hoarding and PTSD symptoms in a trauma-exposed student sample, Poster presented at the 45th Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
37. Fabricant, L. E., Schneider, R., Wheaton, M.G., **Berman, N.C.**, Mahaffey, B., & Abramowitz, J. S. (November 2011). The role of dysfunctional cognitions, experiential avoidance, and mindfulness in the prediction of posttraumatic stress symptoms. Poster presented at the 45th Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
38. **Berman, N. C.**, Pardue, C., Fabricant, L. E., Wheaton, M. G., & Abramowitz, J. S. (November 2011). Is religiosity associated with the overvaluation of positive thoughts?

Poster presented at the 45th Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

39. **Berman, N. C.**, Garcia, A., Freeman, J., Wheaton, M. G., & Abramowitz, J. S. (November 2010). Rate of change in the treatment of early childhood obsessive-compulsive disorder. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
40. Wheaton, M. G., Fabricant, L. E., **Berman, N. C.**, Mahaffey, B., & Abramowitz, J. S. (November 2010). Experiential avoidance in the prediction of compulsive hoarding. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
41. Fabricant, L. E., Mahaffey, B., Wheaton, M. G., **Berman, N. C.**, & Abramowitz, J. S. (November 2010). The relationship between anxiety sensitivity and obsessive compulsive symptoms. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
42. Fabricant, L. E., Wheaton, M. G., **Berman, N. C.**, & Abramowitz, J. S. (November 2010). The relationship between childhood trauma and hoarding symptoms. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
43. Wheaton, M. G., Olatunji, B. O., **Berman, N. C.**, Mahaffey, B., Fabricant, L. E., & Abramowitz, J. S. (November 2010). Swine flu concerns: Associations with health anxiety, contamination cognitions and disgust sensitivity. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
44. **Berman, N. C.**, Wheaton, M. G., Pardue, C., & Abramowitz, J. S. (November 2010). Relationship between religiosity and thought action fusion: A behavioral paradigm. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
45. Mahaffey, B., Deaton, T., **Berman, N. C.**, Wheaton, M., Fabricant, L., & Abramowitz, J. S. (November 2010). Religiosity, childhood experiences, and obsessive beliefs. Poster presented at the 44th Annual Convention for the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
46. Pardue, C., Abramowitz, J. S., & **Berman, N. C.** (April 2010). Relationship between thought action fusion and developmental experiences with rigid rules. Poster presented at Department of Psychology Research Symposium at University of North Carolina at Chapel Hill, Chapel Hill, NC.
47. Fabricant, L., **Berman, N. C.**, Wheaton, M., Mahaffey, B., & Abramowitz, J. S. (March 2010). Development of a behavioral paradigm to assess thought-action fusion. Poster presented at the 30th Annual Convention for the Anxiety Disorder Association of America, Baltimore, MD.
48. Wheaton, M., **Berman, N. C.**, Franklin, J., Schneider, R., & Abramowitz, J. S. (March 2010). Experiential avoidance and anxiety sensitivity in the prediction of health anxiety. Poster presented at the 30th Annual Convention for the Anxiety Disorder Association of America, Baltimore, MD.
49. Wheaton, M., Franklin, J., **Berman, N. C.**, Hessel, E., & Abramowitz, J. S. (March 2010). Obsessive compulsive symptom dimensions and prepulse inhibition of acoustic startle in

an analogue sample. Poster presented at the 30th Annual Convention for the Anxiety Disorder Association of America, Baltimore, MD.

50. **Berman, N. C.**, Wheaton, M., Fabricant, L., Mahaffey, B., Pardue, C., & Abramowitz, J. S. (March 2010). The relationship between thought action fusion and one's motivation for religion. Poster presented at the 30th Annual Convention for the Anxiety Disorder Association of America, Baltimore, MD.
51. Wheaton. M., **Berman, N. C.**, Abramowitz, J., Deacon, B., Olatunji, B., Mahaffey, B., et al. (November 2009). Reliability and validity of the dimensional obsessive-compulsive scale. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
52. Mahaffey, B., Abramowitz, J., Deacon, B., Olatunji, B., Wheaton, M., **Berman, N. C.**, Timpano, T., McGrath, P., Riemann, B., Adams, T., Bjorgvinsson, T., Storch, E., & Hale, L. (November 2009). Reliability and validity of the dimensional obsessive-compulsive scale (DOCS). Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
53. **Berman, N. C.**, Wheaton, M., Abramowitz, J. S., Gura, K., & Lovett, S. (November 2009). Importance of understanding psychogenic reactions in cognitive behavioral treatment for childhood anxiety disorders. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
54. **Berman, N. C.**, Wheaton, M., Boudwin, D., Pardue, C., & Abramowitz, J. S. (November 2009). Obsessive beliefs mediate relationship between religiosity and obsessive compulsive symptoms. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
55. Wheaton, M., **Berman, N. C.**, McGrath, P., & Abramowitz, J. S. (November 2009). Predicting worry across anxiety disorders: The role of experiential avoidance and anxiety sensitivity. Poster presented at the 43rd Annual Convention for the Association for Behavioral and Cognitive Therapies, New York City, NY.
56. **Berman, N. C.**, Flessner, C., Garcia, A., & Freeman, J. (November 2008). Symptom profiles in pediatric obsessive compulsive disorder: Relationship with maladaptive grooming behaviors. Poster presented at the 42nd Annual Convention for the Association for Behavioral and Cognitive Therapies, Orlando, FL.
57. **Berman, N. C.**, Brazel, A., Freeman, J., & Garcia, A. (November 2008). Relationship between obsessive compulsive symptoms and OCD severity: Does washing your hands make you even sicker? Poster presented at the 42nd Annual Convention for the Association for Behavioral and Cognitive Therapies, Orlando, FL.
58. **Berman, N. C.**, Lackey, G., Holman, H., Wheaton, M., & Abramowitz, J. S. (November 2008). What mediates the relationship between religion and obsessive beliefs? Poster presented at the 42nd Annual Convention for the Association for Behavioral and Cognitive Therapies, Orlando, FL.
59. Freeman, J., Boergers, J., **Berman, N. C.**, Ogata, A., & Garcia, A. (November 2008). Sleep problems in pediatric anxiety disorders. Poster presented at the 42nd Annual Convention for the Association for Behavioral and Cognitive Therapies, Orlando, FL.
60. Flessner, C., **Berman, N. C.**, Garcia, A., & Freeman, J. (October 2008). Symptom profiles in pediatric obsessive compulsive disorder: Effects of comorbid spectrum disorders. Poster presented at the 15th Annual International OCD Foundation Conference, Boston, MA.

61. Przeworski, A., Choate, M. L., Garcia, A. M., Freeman, J. B., Ogata, A., Ng, J. S., & **Berman, N. C.** (November 2007). Parent-child dynamics in child anxiety: State or trait? Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
62. Ogata, A. K., Przeworski, A., **Berman, N. C.**, Himle, M., Choate, M., & Garcia, A. M. (November 2007). Developmental precursors among children with internalizing disorders. Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
63. Ogata, A. K., Przeworski, A., **Berman, N. C.**, Himle, M., Choate, M., & Freeman, J. B. (November 2007). School functioning in anxious children with and without ADHD. Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
64. **Berman, N. C.**, Przeworski, A., Ogata, A., Himle, M., Garcia, A., & Leonard, H. (November 2007). Phenomenological differences between gradual and abrupt onset OCD in children. Poster presented at the 41st Annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
65. **Berman, N. C.**, Choate, M., Przeworski, A., Ogata, A., Freeman, J., & Leonard, H. (November 2007). Relationship between symptoms of attention-deficit hyperactivity disorder and symptoms of comorbid anxiety disorders on severity of obsessive compulsive symptoms. Poster presented at the 41st Annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
66. **Berman, N. C.**, Choate, M., Himle, M., Ogata, A., Przeworski, A., Freeman, J., Garcia, A., & Leonard, H. (October 2007). Obsessive compulsive disorder symptom category differences in children. Poster presented at the 54th Annual Convention of the American Academy of Child and Adolescent Psychiatry, Boston, MA.
67. **Berman, N. C.**, & Lovett, S. (April 2007). Worried sick: Children's developing understanding of psychogenic reactions. Poster presented at the Biennial Meeting for the Society for Research in Child Development, Boston, MA.

TEACHING EXPERIENCE

Courses Taught

Research Methods*, College of the Holy Cross*	Spring 2019
Psychopathology, *College of the Holy Cross*	Spring 2019
Processes in Psychotherapy, *College of the Holy Cross*	Fall 2018
Abnormal Psychology, *College of the Holy Cross*	Fall 2018
Research Methods, *College of the Holy Cross*	Spring 2018
Psychotherapy and Behavior Change, *College of the Holy Cross*	Spring 2018
Abnormal Psychology, *College of the Holy Cross*	Fall 2017
Psychotherapy and Behavior Change, *College of the Holy Cross*	Fall 2017
Cognitive Behavior Therapy, *University of Monterrey, Mexico*	Fall 2016
Cognitive Behavioral Treatment of OCD (Online; Quarterly), *MGH/HMS*	2015 – 2018
Abnormal Psychology, *University of North Carolina at Chapel Hill*	Summer 2012
Abnormal Psychology, *University of North Carolina at Chapel Hill*	Fall 2011

Teaching Assistantships

Statistical Methods, *University of North Carolina at Chapel Hill*	Spring 2012
Research Methods, *University of North Carolina at Chapel Hill*	Summer 2011
Abnormal Psychology, *University of North Carolina at Chapel Hill*	Spring 2011
Research Methods, *University of North Carolina at Chapel Hill*	Fall 2010
Statistical Methods, *University of North Carolina at Chapel Hill*	Spring 2010
Research Methods, *University of North Carolina at Chapel Hill*	Fall 2009
Peer Relations, *University of North Carolina at Chapel Hill*	Spring 2009
Introduction to Psychology, *University of North Carolina at Chapel Hill*	Fall 2008

Invited Talks

1. **Berman, N. C.** (April 2019). How to treat taboo OCD using cognitive-behavioral principles. Presented at College of the Holy Cross to the Counseling Center.
2. **Berman, N. C.** (November 2018). My thoughts frighten me: Assessing and treating taboo obsessions. Presented at the University of Massachusetts Medical School to the International OCD Foundation of Massachusetts.
3. **Berman, N. C.** (November 2016). Obsessive-compulsive and related disorders: Improving evidence-based prevention and treatment for patients across the lifespan. Presented at City College of New York, Hunter College, to the Psychology Department.
4. **Berman, N. C.** (November 2016). Obsessive-compulsive and related disorders: Improving evidence-based prevention and treatment for patients across the lifespan. Presented at College of the Holy Cross to the Psychology Department.
5. **Berman, N. C.** (October 2016; 2015). Application of CBT to mood and anxiety disorders. Presented at Bowdoin College to the Psychology Department.
6. **Berman, N. C.** (May 2016). How to help someone with OCD: Evidence-based assessment and treatment. Presented at Lawrence Memorial Hospital to Physician Organization.
7. **Berman, N. C.** (April 2016). A cognitive-behavioral approach to couples therapy. Presented at Massachusetts General Hospital/Harvard Medical School to the Depression Clinical and Research Program.
8. **Berman, N. C.** (January 2016). Improving the prevention and treatment of OCD. Presented at the University of Colorado at Boulder to the Psychology and Neuroscience Department.
9. **Berman, N. C.** (February 2015; 2014). Acceptance and commitment therapy: An overview. Presented at Massachusetts General Hospital/Harvard Medical School to Psychology Trainees.
10. **Berman, N. C.** (October 2015). Exposure therapy for children with OCD. Presented at the Massachusetts General Hospital/Harvard Medical School to the Child Psychiatry Fellows.
11. **Berman, N. C.** (November 2014). Empirically-supported treatments for OCD: Integrating cognitive-, behavioral-, and acceptance-based approaches. Presented at the Massachusetts Psychological Association in the Continuing Education Seminar Series.
12. **Berman, N. C.** (October 2014). Exposure and response prevention for youth with OCD. Presented at the Charlestown Health Care Center in the Continuing Education Seminar Series.

13. **Berman, N. C.** (November 2013). Exposure-based therapy for children and adolescents. Presented via Skype at University of Maryland to Advanced Graduate Students in Clinical Psychology.
14. **Berman, N. C.** (June 2013). NIMH research domain criteria: Negative valence system. Presented at Massachusetts General Hospital/Harvard Medical School to the OCD and Related Disorders Program.

Formally Supervised Student Research

Szkutak, A. (2019). Does habituation make a difference? Examining exposure performance indices in individuals with Obsessive-Compulsive Disorder (OCD). Honors Thesis (Advisor), College of the Holy Cross.

Gurchiek, E. (2019). Processing penalty kicks: An exploration of soccer and the unconscious. Honors Thesis (Reader), College of the Holy Cross.

Ene, T. (2019). Relationship between personality traits and OC dimensions. Independent Study, College of the Holy Cross.

Mora, R. (2018). Validation of the inventory of interpretation of intrusions (III-31) for the clinical and non-clinical Mexican population. Master's Thesis, University of Monterrey, Mexico.

Garza, B. (2018). Validation of the dimensional obsessive-compulsive scale (DOCS) for the Mexican clinical and non-clinical population. Master's Thesis, University of Monterrey, Mexico.

Huerta, P. (2018). Validation of the Mexican version of the cognitive emotional regulation questionnaire-short version (CERQ-VC) for clinical and non-clinical populations. Master's Thesis, University of Monterrey, Mexico.

Salazar, D. (2018). Validation of the emotional regulation questionnaire (ERQ) for the Mexican clinical and non-clinical population. Master's Thesis, University of Monterrey, Mexico.

Arora, A. (2017). The relationship between behavioral inhibition and obsessive beliefs in children. Honors Thesis (Advisor), Tufts University.

Pardue, C. (2010). Is thought-action fusion related to developmental experiences with rigid rules? Honors Thesis (Co-Advisor), University of North Carolina at Chapel Hill.

GRANT SUPPORT

Batchelor Ford Summer Fellowship, College of the Holy Cross Summer 2019
Reactivity and Regulation in Response to Intrusive Thoughts
Role: Primary Investigator ($4,000)

International Obsessive-Compulsive Disorder Foundation (IOCDF) 2013 – 2017
Cognitive Biases in OCD: Mechanisms of Generational Transmission
Role: Primary Investigator ($29,661)

Charles King Postdoctoral Fellowship/Harold Whitworth Pierce Charitable Trust 2014 –2016
Differential Effect of Positive and Negative Mood on OCD Treatment
Role: Primary Investigator ($89,000)

Kaplen Fellowship on Depression at Harvard Medical School 2014 –2016
Effect of Depression on Exposure Response in OCD: Mechanisms Underlying Threat

Perception and Habituation
Role: Primary Investigator ($76,131)

William F. Milton Fund at Harvard University 2014 – 2016
Cognitive Biases in Offspring at Risk for OCD: Role with Physiological Arousal
Role: Co-Primary Investigator ($39,700)

Livingston Award for Young Investigator at Harvard Medical School 2013 – 2016
Risk and Resilience Factors Associated with Cognitive Biases in OCD
Role: Primary Investigator ($7,171)

Mind Brain Behavior Interfaculty Initiative at Harvard University 2013 – 2014
Biases in Clinical Decision Making Related to Suicide Risk
Role: Co-Primary Investigator ($23,400)

Awards

Certificate of Excellence in Reviewing 2014
Journal of Obsessive-Compulsive and Related Disorders

Future Faculty Fellowship Program (FFFP) 2011
University of North Carolina at Chapel Hill, Center for Faculty Excellence

Letter of Commendation for Excellence in Teaching 2010 – 2012
University of North Carolina at Chapel Hill (Received Honor 3x)

Office of Undergraduate Research (OUR) Graduate Mentor Award 2010 – 2011
University of North Carolina at Chapel Hill

Sarah and James Bowdoin Scholar 2004 – 2006
Bowdoin College

CLINICAL TRAINING AND EXPERIENCE

Independent Private Practice Practitioner 2014 – Present
Assessment, Therapy, and Consultation
Boston, MA (MA License Number: 9909)

Intensive CBT for Adolescents (Therapist) 2013 – 2014
Massachusetts General Hospital/Harvard Medical School
Supervisors: Aude Henin, Ph.D. and Jamie Micco, Ph.D.

Adult Outpatient Services (Therapist) 2012 – 2014
Massachusetts General Hospital/Harvard Medical School
Supervisors: Lee Baer, Ph.D., Anne Chosak, Ph.D., Jeanne Fama, Ph.D., Jennifer Greenberg, Psy.D., Nancy Keuthen, Ph.D., Hannah Reese, Ph.D., and Sabine Wilhelm, Ph.D.

Dialectical Behavior Therapy Program (Therapist) 2012 – 2014
Massachusetts General Hospital/Harvard Medical School
Supervisors: Michelle Jacobo, Ph.D. and Rebecca Harley, Ph.D.

Psychiatric Emergency Room (Assessor) 2012 – 2013
Massachusetts General Hospital/Harvard Medical School

Anxiety Disorder Practicum (Therapist) 2011 – 2012
University of North Carolina at Chapel Hill Community Clinic

Supervisor: Jonathan Abramowitz, Ph.D.

Family Therapy Practicum (Therapist) 2011 – 2012
University of North Carolina at Chapel Hill Child and Family Clinic
Supervisor: Deborah Jones, Ph.D.

Child and Adolescent Assessment Practicum (Assessor) 2010 - 2012
University of North Carolina at Chapel Hill Child and Family Clinic
Supervisor: Jen K. Youngstrom, Ph.D.

Advanced Therapy Practicum for Adults (Therapist) 2010 - 2012
University of North Carolina at Chapel Hill Community Clinic
Supervisors: Jennifer Kirby, Ph.D. and Erica Wise, Ph.D.

Inpatient and Partial Hospitalization Eating Disorder Practicum (Therapist) 2010 – 2011
UNC Hospital, Psychiatry Department
Supervisors: Maureen Dymek-Valentine, Ph.D. and T.J. Raney, Ph.D.

General Child and Family Practicum (Therapist) 2009 – 2011
University of North Carolina at Chapel Hill Child and Family Clinic
Supervisor: Jen K. Youngstrom, Ph.D.

Obesity Management in Adolescents (Therapist) Summer 2010
Wellspring Camp in San Diego, CA
Supervisor: Kerri Boutelle, Ph.D.

Child Anxiety Disorders Practicum (Assessor) Summer 2009
Brown University School of Medicine
Supervisors: Jennifer Freeman, Ph.D. and Abbe Garcia, Ph.D.

PROFESSIONAL SERVICE

Departmental Service

Committee Leader, Cultural Psychology Faculty Exploration, 2018 – 2019
College of the Holy Cross

Co-Leader, Psychology Research Honors Program Committee 2018 – 2019
College of the Holy Cross

Director, Psi Chi 2017 – Present
College of the Holy Cross

Coordinator, Psychology 100 Research Pool Spring 2018
College of the Holy Cross

Member, Committee for Psychology Senior Awards Spring 2018
College of the Holy Cross

Member, Psychology Internship Selection Committee 2014 – 2016
Massachusetts General Hospital/Harvard Medical School

Member, Eugene L. Emerson Award Committee 2015 – 2017
Massachusetts General Hospital/Harvard Medical School

College Service

Member, Institutional Review Board 2018 – Present

College of the Holy Cross
Member, Campus Advisory Board on Alcohol (CABA) 2018 – Present
College of the Holy Cross

Professional Service

Reviewer, World Congress for Cognitive Behavioral Therapies 2019
Reviewer, APA Division 12 Conference 2019
Member, Data Safety Monitoring Board (DSMB) 2018 – Present
Efficacy of Online Mindfulness Interventions for Tourette's Syndrome
Bowdoin College and Massachusetts General Hospital/Harvard Medical School
Member, Data Safety Monitoring Board (DSMB) 2015 – 2017
Novel Interventions for Complicated Grief
Massachusetts General Hospital/Harvard Medical School
Member of Planning Committee, Annual International OCD Foundation Conference 2016
Reviewer, APA Division 53 Conference 2016
Guest Editor, "Emerging Adulthood" Special Series 2015 – 2016
Cognitive and Behavioral Practice
Reviewer, New England OCD Research Conference 2015
Reviewer, Association for Behavioral and Cognitive Therapy Conference 2014 – Present
Editorial Board Member 2014 – Present
Journal of Obsessive-Compulsive and Related Disorders
Reviewer for the Following Peer-Review Journal Submissions: 2008 – Present
Behavior Research and Therapy, Behavior Therapy, Behavioral and Cognitive Psychotherapy, Child Psychiatry and Human Development, Cognitive Therapy and Research, Death Studies, Depression and Anxiety, General Hospital Psychiatry, Innovations in Clinical Neuroscience, International Journal for the Psychology of Religion, International Journal of Cognitive Therapy, Journal of Abnormal Child Psychology, Journal of Affective Disorders, Journal of American Academy of Child and Adolescent Psychiatry, Journal of Behavior Therapy and Experimental Psychiatry, Journal of Child and Adolescent Psychopharmacology, Journal of Cognitive Psychotherapy: An International Quarterly, Journal of Psychopathology and Behavioral Assessment, Psychiatric Services

Professional Memberships

Association for Contextual and Behavioral Sciences (ACBS)
International Obsessive Compulsive Disorder Foundation (IOCDF)
Society for a Science of Clinical Psychology (SSCP)
Association for Behavioral and Cognitive Therapies (ABCT)